Rashtriya Ispat Nigam Limited Visakhapatnam Steel Plant Visakhapatnam Corporate Communications Department Media Release

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International Yoga Day celebrated in Ukkunagaram

RINL, the corporate entity of Visakhapatnam joined the Nation in celebrating the 2nd International Yoga Day in Gurajada Kalakshetram, Ukkunagaram, today with great enthusiasm.



Photo Caption: Dr GBS Prasad, Director (Personnel) lighting the lamp to mark the International Yoga Day in Ukkunagaram

A large number of employees and their family members participated and exhibited their skills in Yoga. The event was organised by Sports Department of VSP in association with Patanjali and The Art of Living. Dr. GBS Prasad Director (Personnel), RINL was the Chief Guest. Addressing the gathering, he observed that India has a rich cultural heritage and mentioned that yoga brings peace and stability to the mind and body. Further, he said that yoga classes are being organised daily for employees and housewives for the past 14 years and advised every one to utilize the facility. Sri T.Sunder GM (HR) NW & Chairman VSP Sports Committee, Sri MS Kumar AGM(Sports), members of unions and other associations participated. Women Employees observe Yoga Day: Women in Public Sector (WIPS) organized Yoga Day today in Ukkunagaram. A Large number of women employees of RINL actively participated and demonstrated Yoga exercises. Smt V Padmavati Prasad, Coordinator, WIPS and other executive members participated.



PhotoCaption:

Corporate Communications Dept. RINL - VSP.