

Rashtriya Ispat Nigam Limited
Visakhapatnam Steel Plant
Visakhapatnam
Corporate Communications Department
Media Release

Dated : 21-Jun-2018

International Yoga Day celebrated at RINL-VSP

The 4th International Yoga Day was celebrated at RINL-VSP in M.P Hall, Ukkunagaram Club with much enthusiasm on 21st June, 2018.



PhotoCaption:

Sri Kishore Chandra Das, Director (Personnel), RINL inaugurated the Yoga session. Over 400 persons including RINL employees and their family members, members from Art of living, Brahmakumaris, Chinmaya Mission and Junior Chamber of India (JCI) participated. Speaking on the occasion, Sri Kishore Chandra Das emphasised the need for everyone to practice Yoga regularly to keep themselves physically and mentally fit, reduce stress and toxins in the body. He also mentioned that RINL has been conducting Yoga classes from the year 2002-03 and thousands of employees and family members have benefited. Sri. MS Kumar, AGM (Sports) welcomed the gathering. Dr. BG Reddy DGM (IT), Sri Sanjay Garg DGM (Marketing), Sri Chiranjeevi, Vice-President, SC & ST Welfare Association, Yoga teachers Sri A Kanaka Rao and Smt AV Syamala, Executives of Sports Dept. Sri T Kasivisweswara Rao, Sri M Anvesh, Sri MV Murali Mohan, Sri R Sridhar and Sri NJ George participated.



PhotoCaption:

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