PSYCHOLOGICAL ASPECTS OF RETIREMENT
FINANCIAL PORTFOLIO

PSYCHOLOGICAL PORTFOLIO
TRANSITIONS

- Role of work and family in the life of the individual
- Timing of retirement
- Degree to which work was satisfying
- Degree to which retirement is planned
- One’s health and financial security
APPROACH TO RETIREMENT

- CONTINUERS
- ADVENTURERS
- SEARCHERS
- EASY GLIDERS
- INVOLVED
- SPECTATORS
- RETREATERS
FINANCES
FAMILY MEMBERS

- Spouse
- Children
- In-laws
- Relatives
TIME MANAGEMENT
OCCUPATION

Education

Work

Leisure

Work, leisure and education